

## AMBIANCE SALON & SPA

### PRE-PROCEDURE INSTRUCTIONS

#### **PRIOR TO PROCEDURE:**

You have to be off Accutane or any prescribe acne medications for 1 year. NO Exceptions!

-Do not take Aspirin, Fish Oil, Niacin, Vitamin E and/or Ibuprofen or blood thinners, unless medically necessary, 72 hours prior to your procedure. Tylenol is fine.

-Do not drink coffee, alcohol or energizing drinks on the day before and of procedure. This will minimize any oozing/bleeding or swelling after the procedure.

-If you are use to getting your brows tinted, do at least 1 week prior to the permanent makeup procedure.

-Do not tan or sun bathe 30 days before and after the procedure.

-If you get your eyebrows waxed, threaded, or tinted, please have this done at least 72 hours prior to your scheduled procedure. It is recommended to wait at least 14 days to have them waxed or threaded & 30 days for tinting after the procedure.

-Do not have any chemical peels, microdermabrasions, mesotherapy, or any other intense treatments which will cause faster skin cell rejuvenating and cause skin irritation 3-4 weeks before procedure.

-Wash your hair before the procedure.